



*Biologique Recherche Crème Masque Vernix, \$182,*

## 2. EXFOLIATE & LAYER

“Given the environment in the Swiss Alps, we need to gently exfoliate skin and layer hydrating serums,” says Tatiana Borysova, CEO of **Biologique Recherche** in Switzerland—one of the high-end skin-care lines featured at the **Six Senses Spa at Hotel The Alpina**, Gstaad. The Triple Lift Mountain Facial smooths roughed-up skin and plumps fine lines with layers of Biologique Recherche serums and masks, followed by a lifting massage and a turn with the brand’s patented Remodeling Face Machine, which uses electrical currents at different frequencies to help define facial contours.