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HEADS-UP: BIOLOGIQUE RECHERCHE WINTER BRIGHT AND TIGHT FACIAL

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Yesterday I posted about my seriously luxury, bespoke facial with Biologique Recherche which came with the luxury price-tag of £500. If the facial piqued your interest but isn't within your price range, here's something that might appeal; the Winter Bright and Tight Facial is a seasonal promotion from the brand for £150. It isn't bespoke, but it does give you a very good idea of what the skincare brand offers, both as a treatment and the products themselves, and it's also a good opportunity to speak to a trained brand rep and find out what sort of products from the range you should be using.

The Winter Bright and Tight Facial is designed to aid the seasonal transition that most (if not all!) skin types suffer with when the weather gets considerably colder and we naturally turn up the heating. The treatment includes a full cleanse, 2 booster treatments (the boosters are what makes the bespoke facial so pricey so you're getting a very good deal in this promo) a mask and serum treatments as well as various finishing products. The promotion is only available for November, December and January, so you'll need to crack on and make your appointment soon if it's something you fancy trying. It's available at the Kensington, Chelsea or St Johns Wood spas; head here for more info - link. Don't forget that I'll be launching a competition to win your own bespoke facial soon, so keep an eye out for that too.



Hello and thank you for visiting my beauty and lifestyle blog. I'm Sascha, a 31 years old blogger who's heart belongs to beauty, but I also love to talk about all things food, the beautiful London city I live in and how I like to live in it, and most importantly, my gorgeous son Teddy, so here you will find a good mix of all the above plus lots and lots of beauty talk.











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