

SKIN

7 VELVETY CREAMS TO NOURISH DRY WINTER SKIN

These rich formulas give your grandma's cold cream a run for its money

by Rani Sheen

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The coldest, driest time of year is upon us, and happily it coincides with a most appropriate trend in skincare: the rich cream. Buttery and balmy, these cushiony creams aim to infuse even the most parched skin with nourishing plant oils and butters, and firming and regenerating peptides or ceramides. Among them is the extremely concentrated (and expensive) La Grande Crème from cult French skincare brand Biologique Recherche, which contains a peptide cocktail that repairs aging skin cells, firming chestnut tree extract, protective wasabi and much more. “Due to its very high concentration in actives, only a small amount of 2 mL is needed,” says founder Dr. Philippe Allouche.

While they protect skin from the elements by creating a soft yet strong moisture barrier, these aren't your grandmother's cold creams; they benefit from modern formulation methods that allow them to be thick but not heavy or pore-clogging, with innovative cream-to-oil or balm- to-gel formulations that feel lightweight on the skin. Plus, they're a dream under makeup—especially if you have fine lines and wrinkles that foundation likes to settle into. It's like tucking your face into the plushiest, comfiest duvet ever.

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Biologique Recherche La Grande Crème, \$790, [one2oneonline.com](https://www.one2oneonline.com)

