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The Aesthete: Louise Trotter talks personal taste

The creative director of Joseph for a decade has invigorated the brand and its signature sharp tailoring with a bold, directional approach



Louise Trotter at home in Paris | Image: Edouard Jacquinet

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Biologique Recherche P50 toning and exfoliating lotion, £57 for 150ml

The beauty staple I'm never without is P50, a toning and exfoliating lotion by Biologique Recherche that I use every evening. It's the best product I've ever used — a game-changer. £57 for 150ml; embassyofbeauty.co.uk.