

# The Aesthete: Louise Trotter talks more personal taste

The creative director of Joseph concludes her list of likes with her favourite Paris neighbourhood, Ruinart champagne and the effortless style of Debbie Harry



Louise Trotter at home in Paris | Image: Edouard Jacquinet

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**The place I rely on for personal grooming** is Biologique Recherche, where I have a monthly **facial**. It's the one thing I am religious about. Each facial is custom-designed for how your skin is that day, and there's lots of massaging built into the treatment. *From €125; 32 Avenue des Champs-Élysées, 75008 Paris ([biologique-recherche.com](http://biologique-recherche.com)).*

**An object I would never part with** is my grandmother's wedding **ring**, which is a classic yellow gold band. It fits my middle finger perfectly. I change my **jewellery** a lot, but there are certain pieces that stay on my fingers. I can really remember that ring from when I was a child.



Ambassade de la Beauté Biologique Recherche Paris