

Lucy Hale Shares the One Anti-Aging Product That "Completely Changed" Her Skin

Plus, her favorite red lipstick, frizz serum, deodorant, and acne-fighting toner to try ASAP.

by CHLOE METZGER JUN 13, 2018



Things I love about Lucy Hale, enumerated: 1. All of Lucy Hale. 2. See previous. Hey, I can't help that it's a short list. My love doesn't stem from some #fangirl fantasy, though, but from a place of real respect for Hale's deep love of all things beauty—like the fact that she cuts and dyes and re-cuts and re-dyes her hair every other week, or the fact that she once had a 15-step skincare routine (yes, really).

Basically, Lucy Hale knows her (beauty) shit. So when the actress waxed poetic to me about the miracles of retinol, spray deodorant, and a consistent skincare routine, I listened. And then I fervently wrote all of her advice down so the rest of you could be enlightened, too. Behold: the only beauty products you need to kinda, sorta look like Lucy Hale (I can't help you with the genetics part, sorry).

Embrace Smelly Skincare Products

Or, okay, just don't be turned *off* by smelly products, says Hale, who swears by a very divisive toner to get clear skin. "I'm obsessed with the **Biologique Recherche Lotion P50**—I know a lot of people know about it and like it, but I just recently started using it, and I love it," she says. "We all use a lot of the wrong products for our skin type, and **this toner helps balance out your face to get your skin to look how it looked as a child.**"



The only downside? "It smells awful—like really, really intense—but it's worth it; my pores are smaller, there's more clarity, and my skin looks better overall." A warning: This stuff isn't for sensitive skin types, and it's pretty strong, so make sure to use it on clean, dry skin just a few nights a week to start (on opposite days of your retinol, see below) and layer on a moisturizer after it dries.