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A spectacular Miami makeover: a spa stay at the renovated Four Seasons Hotel at The Surf Club



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One of the spa's simple and elegant treatment rooms

Arrive early and begin your session in the hammam (Kessa mitts and olive oil soap are provided for guests), then choose a facial by either Biologique Recherche or Susanne Kaufmann – both are excellent. Ask for Elizabeth and she'll not only work miracles on your complexion but also your worry lines, thanks to her caring bedside manner.

Post-spa, take an ocean-view seat in the hushed relaxation area and enjoy peach nectar tea, fruit skewers and the best marshmallows you've ever tasted (jasmine flavour).