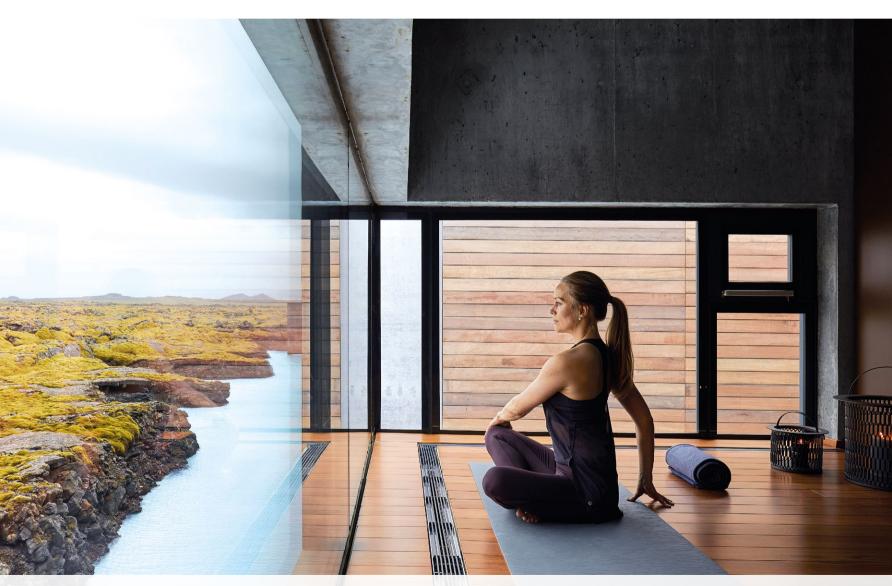


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ICELANDIC RETREAT Elemental wellbeing at the Blue Lagoon's Retreat Spa A FRENCH PIONEER The global influences shaping Cinq Mondes' beauty rituals SWISS SPA NESCENS How to live well for longer at Victoria-Jungfrau Grand Hotel TALKING TEXTILES Our Expert Guide to the best towels, uniforms and spa linen

• BEAUTY • SKINCARE • AROMATHERAPY • TANNING • NAILCARE • THALASSOTHERAPY

— EDITED BY MARK SMITH –



The Vinopurest way to clear and perfect skin

Caudalie's Vinopure facial and retail range aims to reduce inflammation, soothe skin and give a clear and refined complexion

Specially designed for people with skin types ranging from combination to oily, Caudalie's Vinopure Facial, which is partnered by a new homecare range, purifies the skin, cleanses the complexion and helps to regulate excess sebum.

After skin cleansing and exfoliation, the facial muscles are massaged with essential oils and a cryo-massager, helping to remove impurities and tighten pores. The cryo-massager also has an anti-inflammatory action on the skin and helps to ease dark circles on the eye contour.

The facial includes Vinopure products with concentrated active ingredients that help mattify the complexion and bring radiance to the skin, as well as hero products from the Caudalie collection.

"The Vinopure range and facial were created for all women and men concerned by skin blemishes, clogged pores and irregular skin texture," explains Jean-Christophe Samyn, director of Caudalie UK & Ireland. "It is a very simple routine that will restore beautiful and balanced skin in three simple steps.

"Caudalie is always aiming to push back the boundaries of innovation and for this new collection we are very proud to have used natural formulas, including a natural salicylic acid, which deliver highly effective results while being



gentle for the skin and the environment." The Caudalie laboratory has developed a new patent based on the unique combination of grape polyphenols and a cocktail of six purifying organic essential oils; lavender, lemongrass, geranium, rosemary, lemon balm and peppermint.

The homecare range also includes natural salicylic acid and rosewater, and features: Clear Skin Purifying Toner, Blemish Control Infusion Serum and Skin Perfecting Mattifying Fluid. www.caudalie.com

Shellac goes Luxe

CND's Shellac Luxe promises to be the fastest gel polish service on the market, boasting a time-saving two-step application system, a self-adhering, all-in-one base and colour coat, and a high-gloss top coat to provide luminous shine and a protective shield.

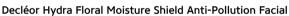
The unique micropores in Shellac Luxe allow the remover to penetrate polish quickly, enabling wrap-to-removal in just 60 seconds.

Ideal as an alternative service to Shellac, Shellac Luxe ensures the integrity of the natural nail is preserved by allowing treatments such as CND SolarOil to penetrate the nail plate.

CND.

The patented Shellac Luxe product formula comes in 65 shades; 50 of which match the current CND Shellac colours, with an additional 15 brand new and exclusive Shellac Luxe shades.

www.sweetsquared.com



CND. SHELLAC LUX

Decléor has launched a new anti-pollution professional facial treatment and two protective skincare products to guard against increased environmental pollutants. Designed in collaboration with Decléor Skin Expert Nichola Joss, the brand's new Hydra Floral Moisture Shield Anti-Pollution Facial provides further protection, hydration and radiance, using three types of facial massage to help remove the harmful and ageing signs of pollution from the skin.

"This facial gently and effectively helps to drain toxins from the skin and muscle," says Joss. "It is nourishing, relaxing and replenishing, and is a perfect spa treatment." The two homecare products, Hydra Floral Fresh Skin Hydrating Light Cream and Hydra Floral Hydrating Wide-Open Eye Gel, are formulated with Baicalin, sourced from crystal clear lakes in China, which protects against pollution and oxidation on the skin. www.decleor.co.uk



DECLÉOR

Treatment focus

-lydrating wide-open

DECLÉOR HYDRA FLORAL **EVERFRESH** Crème légère hydratante peau fraîche Fresh skin hydrating light cream

Murad

Nutrient-Charged Water Gel Gel hydratant riche en nutriments

Super-charged skin

Murad has introduced two powerful skin treatments to its range in the form of Nutrient-Charged Water Gel and Multi-Vitamin Infusion Oil.

Intensely hydrating, the water-based gel is designed for oily, dry and combination skin types. A powerful blend of five peptides, five vitamins and five minerals retain moisture while strengthening the skin's barrier to deliver plump, smooth skin. It also features Dr Murad's Cumulative Hydration-Release Technology, which locks in hydration to skin and increases moisture retention for up to five days.

The Multi-Vitamin Infusion Oil, Murad's very first facial treatment oil, features a blend of six powerful vitamins to target lines, wrinkles, dullness and dryness for a healthy, vibrant glow.

www.murad.co.uk

Floral beauty

Following the success of its Peptide⁴ Night Recovery Cream Oil, Elemis has introduced new Peptide⁴ Eye Recovery Cream in addition to Peptide⁴ Thousand Flower Mask.

Re-awakening and brightening the appearance of tired eyes, helping them look and feel rested, the cream, formulated with exclusive extracted oils of Star Avensis and night-scented stock, works to replenish lost moisture and help improve skin elasticity. Hawkweed and daisy extract target the appearance of dark shadows.

The brand's new mask features a unique matte texture and helps the skin look and feel balanced and relaxed. It contains ultra-mineral-rich Nordic Peat, gently toning sweet clover and three different exfoliants – willow tree, mild lactic acid and Brazilian black clay – to leave skin smooth and primed for makeup.

www.elemis.com



In-flight essentials

The In-Flight travel collection from [comfort zone] is a series of four skin kits for holidays and spa getaways, each of which features Travel Security Association-approved size products that address the needs of dry, sensitive, ageing and acne-prone skin.

'Blue Skies Ahead' is dedicated to cleansing and hydrating with Essential Face Wash, Toner, Hydramemory Cream and Renight Cream.

'Goodbye Turbulence' soothes and calms sensitive skin with Remedy Cream, Toner, Defense Cream and Serum.

'In-Flight Upgrade' renews with active lifting using Essential Milk and Toner with Sublime Skin Cream and Eye Cream.

Finally, 'Clear Skies Forecasted' purifies the skin with Active Pureness Gel, Toner, Mask and Fluid.

www.comfortzone.it



Triple rose protection

Babor's Grand Cru Edition is billed as 'the ultimate in skin-beautifying ampoules' as it is formulated with exclusive rose extracts which provide a highly effective, all-round anti-ageing treatment for the skin.

The collection offers an intensive seven-day ampoule treatment, ideal for particularly demanding skin, which boosts collagen and smoothes fine lines and wrinkles.

The treatment begins with the Rose Ampoule, which contains a precious damask rose extract to firm and smooth the skin. In the next step, the White Ampoule with white rose extract promotes a youthful, more radiant complexion. The final part features the Black Ampoule with Baccara rose extract to provide maximum protection against free radicals.

www.babor.com



Natura Bissé's C+C Vitamin Eye is an orange-scented gel-cream that fights under-eye puffiness, dark circles and other signs of fatigue. Featuring a powerful cocktail of revitalising ingredients, including ascorbic acid, vitamin E, caffeine and ginseng, C+C Vitamin Eye restores vitality and luminosity to the thin skin around eyes. With hydrating, decongestive, energising and antioxidant properties, this refreshing, light-textured multi-action cream helps to prevent and delay the appearance of skin ageing, making it an ideal solution for all ages. www.naturabisse.com

Natura Bissē

C+C VITAMIN EYE Gel-crema antiestrés para ojos con ginseng No-stress gel-cream



Skin perfection

Recognising the demand for ultra-perfect, smooth skin in the age of the selfie, Clarins has launched Pore Control – a serum that helps to reduce the appearance of pores, visibly smoothes skin texture and boosts radiance.

Clarins Laboratories observed that skin surrounding these areas showed a lower amount of collagen and elastin, leading to loss of density and elasticity, and helping to make pores more visible.

The serum is formulated with vine flower cells extract which boosts collagen and elastin in skin surrounding the pores; vine flower cells extract also helps reduce their appearance.

The serum also includes: organic strawberry tree fruit which help to make pores less visible and tamarind pulp acids which help to remove dead cells that can clog them. www.clarins.com



Sleeping beauty

Thalgo's recently launched Sleeping Cream aims to treat dull and wrinkled skin overnight. Plumping, energising and smoothing, the cream promises to deliver the equivalent of a good night's sleep, optimising nocturnal regeneration by stimulating cellular detoxification and boosting hydration.

With a 'self-infusing' marine texture that benefits from the patching effect of red algae, this nightcare perfectly embraces the skin's surface contours to maximise the absorption of the active ingredients.

Micro-encapsulated hyaluronic acid combined with Sève bleue des océans plumps the skin; Melatoskin, a pro-melatonin peptide, boosts the skin's nocturnal recovery process; and Lumisource aids detoxification. www.thalgo.co.uk





Return to the source

Returning to its origins, Voya has launched its African lime and clove citrus scent in a bath oil.

Original Aroma Shower and Bath Oil features top citrus notes of lemon, grapefruit and fresh lime combined with crisp herbs and warm spicy cloves; perfected with a hint of the sea.

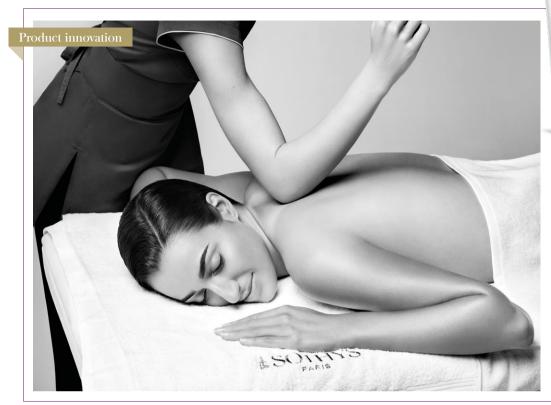
This reviving elixir invigorates and soothes the senses, imitating the therapeutic oceanic qualities.

Rich in antioxidants, vitamins and minerals from wild Atlantic fucus serratus seaweed extract, the shower and bath oil will protect the skin and boost hydration levels, leaving skin feeling radiant and deeply nourished.

Easily absorbed into the skin, this shower and bath oil mixes an energy boosting aroma with the centuries old tradition of seaweed bathing.

www.voya.ie





It's all about Mii

Mii Cosmetics has launched new products to offer clients a natural look to eyes and lips in the spa.

Available in four flattering shades, Luscious Lip Sheen offers full colour coverage while being lightweight and nourishing to the lips. It provides a lipstick-like pigment, glossy high shine, and balm-like hydration packed with avocado oil and shea butter.

Feature Length Lash Lover Mascara is lengthening and volumising with an ultra-creamy formula that is highly pigmented, buildable and long-lasting. Enriched with nourishing coconut oil and aloe vera, the perfectly balanced formula combines both a flexible film and tiny fibres for soft, comfortable lashes all day long. www.gerrardinternational.com





Let's get physical

Sothys has launched a capsule collection of products and treatments to complement fitness activities in toning and improving the silhouette.

Its enveloping Nutri-Relaxing Oil, is specially formulated for use around athletic activity to tone the skin pre-exercise, comfort the skin after movement and help promote skin suppleness. Its key active ingredient is camphor, which helps with muscle toning, circulation and stimulation.

Smoothing Warming Gel helps prepare for exercise and, when combined with Essential Slimming Care, has a slimming effect on legs.

Two professional treatments include a smoothing/warming treatment to heat and tone the skin or improve the silhouette, and nutri-relaxing modeling, which tones and promotes skin suppleness.

www.sothys.com

Collagen boosting cream

Hydropeptide has developed a new day cream combining research from Dr. Marcel Nimni with time-release retinol to rejuvenate skin and lessen the look of fine lines and wrinkles.

Nimni Day Cream is formulated with a patented collagen support complex. A combination of retinol and amino acid help to improve skin's plumpness and elasticity while boosting collagen production. Packed with antioxidants, the formula protects against environmental aggression and provides an effective barrier to daily stresses on the skin.

The HydroPeptide range includes products to target eight specific skin concerns, including: fine lines and wrinkles; sensitivity and redness; uneven skin texture; under-eye areas; loss of firmness; sun damage and discolouration; dryness and dehydration; and acne and excess oil.

www.hydropeptide.com

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Spa care for hair

Designed to treat dry and damaged hair, Biologique Recherche's Pommade Capillaire is enriched with a vegetable oil complex that restructures hair fibres, smooths cuticles and fills gaps in lipid cement.

The pommade repairs and protects by coating hair to smooth hair shafts and damaged ends. Its formulation mimics ceramides to reinforce the lipidic cement, strengthening the hair while making it shinier and reducing the signs of dryness.

The formula also contains Abyssinian oil, to nourish and smooth; tomato extract to protect hair from UVA damage; and sweet almond oil, rich in oleic acid and vitamin D, to moisturise, restructure and protect.

www.biologique-recherche.com





Simply incredible

Mary Cohr's Incredible Hydrating Cream (I.H.C) is a radiance-boosting face cream made with a new hydration formula, Agua Cellular Complex, which is enriched with hyaluronic acid to restore a youthful appearance to the skin.

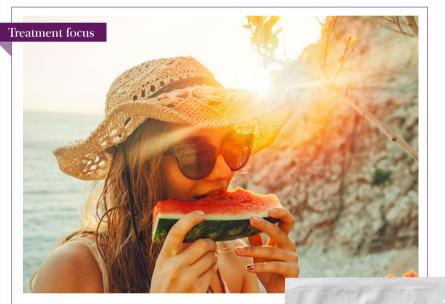
Aqua Cellular Complex directly targets the three factors - water storage, diffusion and retention - to ensure optimal hydration.

Promising to reactivate the hydrating mechanism found in young skin, I.H.C works to reduce the visible signs of ageing, intensively hydrating skin and leaving it looking visibly younger, smoother and more radiant.

Its rich melt-in texture with a fruity floral scent envelops skin in softness and comfort for a cocooning effect.

www.guinotmarycohr.com





Late sunshine treats for face, body and feet

Natural Spa Factory, has launched a treatment collection that embraces the late summer sun and continues its focus on anti-pollution treatments, multifunctional products in minimal packaging and mindful skincare and ingredients.

The treatment menu includes Anti-Pollution Vitamin Body Blast, which promises to detox, cleanse and protect skin from environmental stressors using an abundance of antioxidants, vitamin C, vitamin E, and natural clay harvested from the Austrian Alps.

For a total body overhaul, the Beet Love Body Facial features Yuzu, Pink Beets & Watermelon Body Scrub, Charcoal & Volcanic Sand Anti-Pollution Facial, and the Sundowner Top to Toe to reinvigorate the skin and renew.

www.naturalspafactory.com



In every issue, European Spa showcases the best new product and treatment launches.

Aroma bathing

Kerstin Florian has expanded its Organic Aromatherapy collection with the USDA-certified organic Grapefruit Black Pepper Bath & Body Oil.

A heady blend of detoxifying and revitalising aromatherapy with added skin benefits, the oil contains grapefruit, black pepper, mint, lemon and juniper essential oils combined with ayurvedic manjistha extract along with skin-nourishing organic sunflower oil.

Organic Aromatherapy Grapefruit Black Pepper Bath & Body Oil penetrates quickly to moisturise and soften skin, nourishing and protecting to purify and invigorate for a rich and luxurious bathing experience. www.kerstinflorian.com





Coconut dreams

Elemental Herbology has added to its Body Essentials line with the launch of Coconut Shell Cream Body Scrub.

Created to gently refine and smooth, this body-softening scrub aims to leave skin velvety soft, nourished and glowing, through a combination of ingredients that includes: coconut shell, a natural exfoliator to reveal smooth and soft skin; coconut oil, a naturally cleansing ingredient with deeply moisturising fatty acids; shea butter to nourish, moisturise and protect with vitamins A, E and F; and aloe vera to moisturise and soothe. www.elementalherbology.com

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