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Lesley Chesterman's quest for perfect skin

From cleansers to serums, masks to moisturizers, skin care is a booming business in Montreal and beyond.



Lesley Chesterman, Special to Montreal Gazette

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Biologique Recherche

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Headquartered in Paris, this luxurious line is hard to find and highly coveted by skin-care lovers worldwide. It's expensive but effective.

Fave product: The cult favourite Lotion P50T is an exfoliating toner that helps with smoothing, brightening and reducing hyper-pigmentation, thanks to a potent mix of niacinamide and lactic

and mandelic acid. The Vernix Cream Mask really wakes up your skin. The Crème Métamorphique is a restructuring moisturizer that's rich yet surprisingly light.

Available at: lachambredesdames.com