

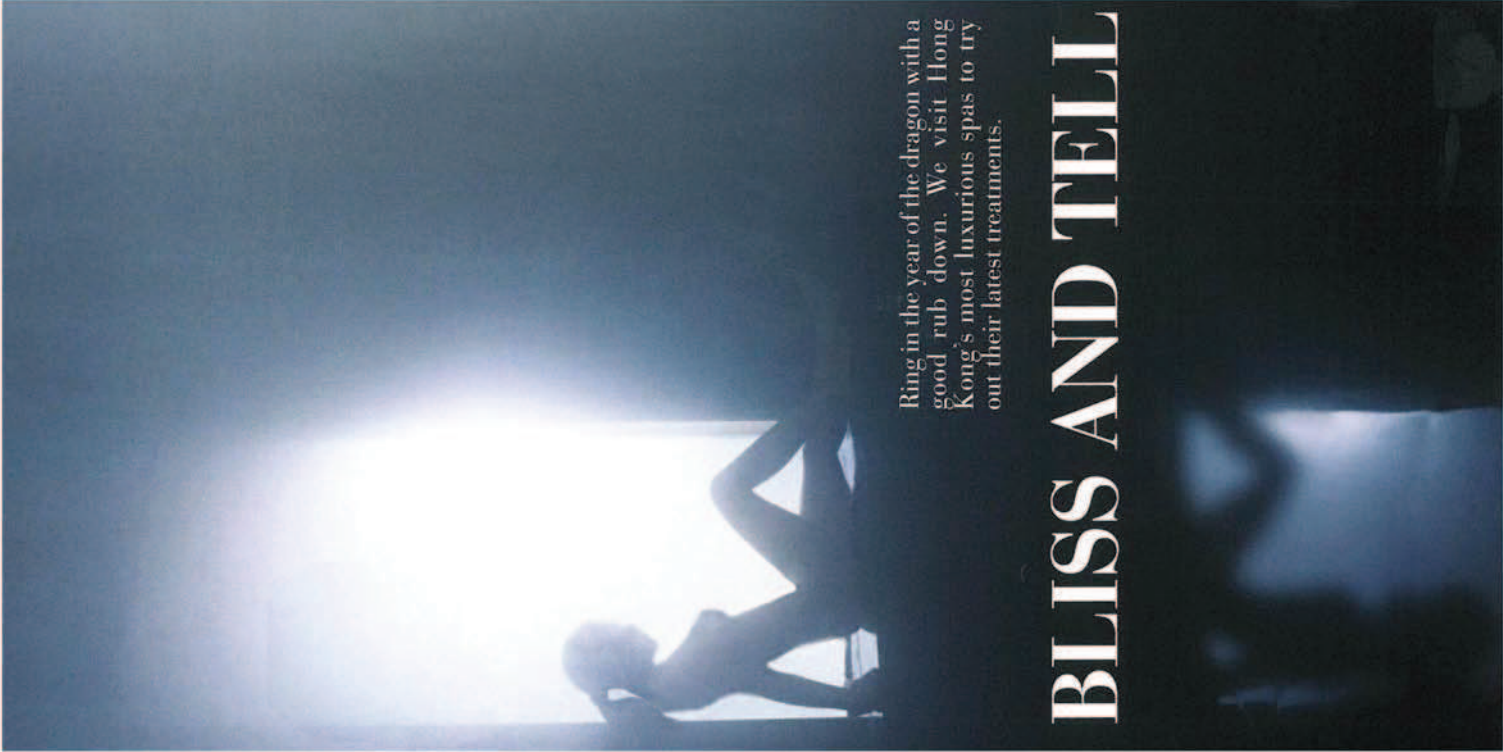
# South China Morning Post

Spa at the Four Seasons Hotel

**The treatment:** Biologique Recherche Facial (weekdays HK\$1,400/HK\$2,100/HK\$2,800; or weekends HK\$1,500/HK\$2,300/HK\$3,200 for 60/90/120 minutes).

**The deal:** Ladies who lunch at the Four Seasons now have an added incentive to linger at the hotel: Biologique Recherche. The French cosmetics brand has just landed at the hotel and is already creating a buzz. With the Biologique Recherche facial, each session is tailor-made according to your skin instant (literally, the state your skin is in at that moment). While the serums are doing their thing, the therapist spends time massaging creams into the hands, arms, legs and feet, while guests can relax in the warm cocoon and absorb the harbour views.

**The verdict:** A facial is all about the results, and this one well and truly delivers; skin was noticeably tighter and brighter, and fine lines reduced. The experienced therapist felt like she had 12 hands rolling over my face, sending me into a deep sleep for the second half of the treatment. *Kylie Knott*



Ring in the year of the dragon with a good rub down. We visit Hong Kong's most luxurious spas to try out their latest treatments.

## BLISS AND TELL