

emirates

# WOMAN

OCTOBER 2012

Introducing...

MRS REYNOLDS  
AN EXCLUSIVE  
GOSSIP WITH  
BLAKE LIVELY

The

# Beauty

THE LOOKS, THE  
SKIN-DEEP SECRETS  
AND THE UAE'S  
MOST GORGEOUS

ISSUE

270 stylish  
steals &  
investment treasures



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## CHILLAX AND THE CITY

Taken too big a bite out of the Big Apple? Revitalise the mind, body and spirit and book yourself in for some R&R at The Peninsula Spa. Located on 6th Avenue in one of New York's most prestigious hotels.

Arrive 60 minutes prior to your appointment and make use of the spa's lavish facilities including the aromatherapy steam room, sauna and experience shower.

Give your skin a boost with one of five new facials by luxury French skincare line Biologique Recherche. Containing pure and perfume-free ingredients to help balance the skin, leaving you with a gorgeous healthy glow. The anti-ageing Remodelling Facial is a non-invasive treatment created as an alternative to surgery. A cocktail of serums is applied before electrical currents are sent to the face's superficial and deep tissue. This process lifts and re-sculpts, producing a visible reduction of fine lines and wrinkles.

[peninsula.com/newyorkspa](http://peninsula.com/newyorkspa)